

# SQUASH at Pretoria Country Club



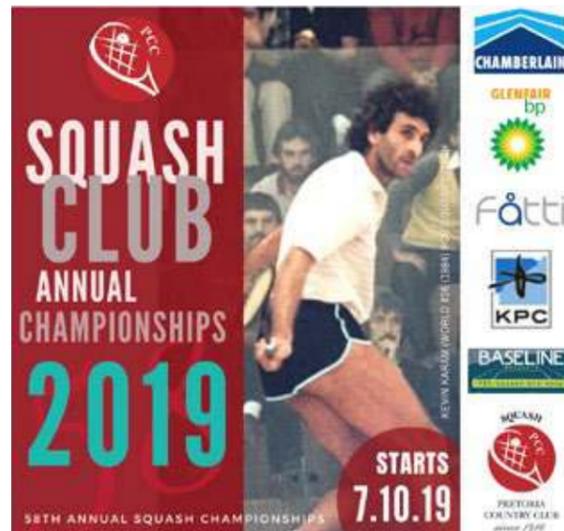
## The 2019/20 Northern's squash season kicked off on a high note...

... with PCC once again winning the coveted Woody Kaiser trophy at the prestigious Northern's Squash Awards dinner. This basically confirms that we are "the best Club" in Northern's... for the second year running, mind you!

2020 started off well with us hosting our annual Round Robin in February. This internal tournament realigns the ladder and determines the 4-man league teams and reserves. Of the 90 members, we now have 60% playing league, which is a healthy balance between "serious" and "social" play.

In February, PCC entered 10 league teams in what was supposed to be a gruelling 8-month-long 2020 Northern's League season... but then COVID-19 hit a month later and all play was suspended till mid-July.

It is only now (July/Aug 2020) that play could slowly resume again under strict SquashSA guidelines. All indications are, however, that squash will be firmly back from September onwards, where one will once again see league re-commence and tournaments being held.



PCC's formal squash calendar for the remaining part of 2020 will see the following events:

- October - Internal PCC Blitz tournaments and hosting of the SA Nationals and SA Interprovincial tournament
- November - PCC's 59th Annual Club Champs and 4th Annual PCC-Romo Doubles Tournament

The time spent being isolated from the game has had a positive effect in that one could reflect on the value that the PCC squash section offers.

1. Being healthy and fit is worth its weight in gold. General consensus is that the physical conditioning that squash causes, builds up one's immune system and recovery abilities.
2. The social interaction that squash represents is unparalleled and creates an environment in which you are able to have regular duels with your friends in a competitive environment, with a drink or two afterwards, of course.
3. Yes, a successful squash club is about us winning awards and playing league, but moving forward, we will, more importantly, also start measuring our success in terms of how often the social members simply use the courts as a platform to engage with their newfound friends and invite their families to come along.

